



## It's time to change how we view a child's growth.

It's natural to measure your child's height and weight. But you should measure other ways your child is growing, too.

From birth to 5 years, there are milestones your child should reach in terms of how she plays, learns, speaks, and acts. A delay in any of these areas could be a sign of a developmental problem, even autism. The good news is, the earlier it's recognized the more you can do to help your child reach her full potential. Talk with a doctor or nurse about your child's total development.

1-800-CDC-INFO

[www.cdc.gov/actearly](http://www.cdc.gov/actearly)



**Learn the Signs. Act Early.**